



# PORT STEPHENS OUTRIGGER CANOE CLUB

Proudly Presents

## NSW – 2018

# OC6 State Titles

## 24<sup>th</sup> & 25<sup>th</sup> March 2018

Shoal Bay Beach

Sponsors:



## Saturday 24<sup>th</sup> March 2018

Time (est)	Description		Distance
7:45am	Race Briefing	Novice/Junior/Ultra Short Course	4 km
8:00am	Race Start		
9:00am	Welcome & Race Briefing	Women's, Mixed Long Course	16.5 km
9:30am	Race Start		
11:45am	Race Briefing	Men's Long Course	18 km
12:00 noon	Race Start		
2:00pm	Race Briefing	Men's, Women's, Mixed - Short Course Race	12 km
2:15am	Race Start	Men's, Women's, Mixed - Short Course Race	
3:45pm		Completion of Races	
6:30pm	Presentation: Promenade Room in the Shoal Bay Country Club		

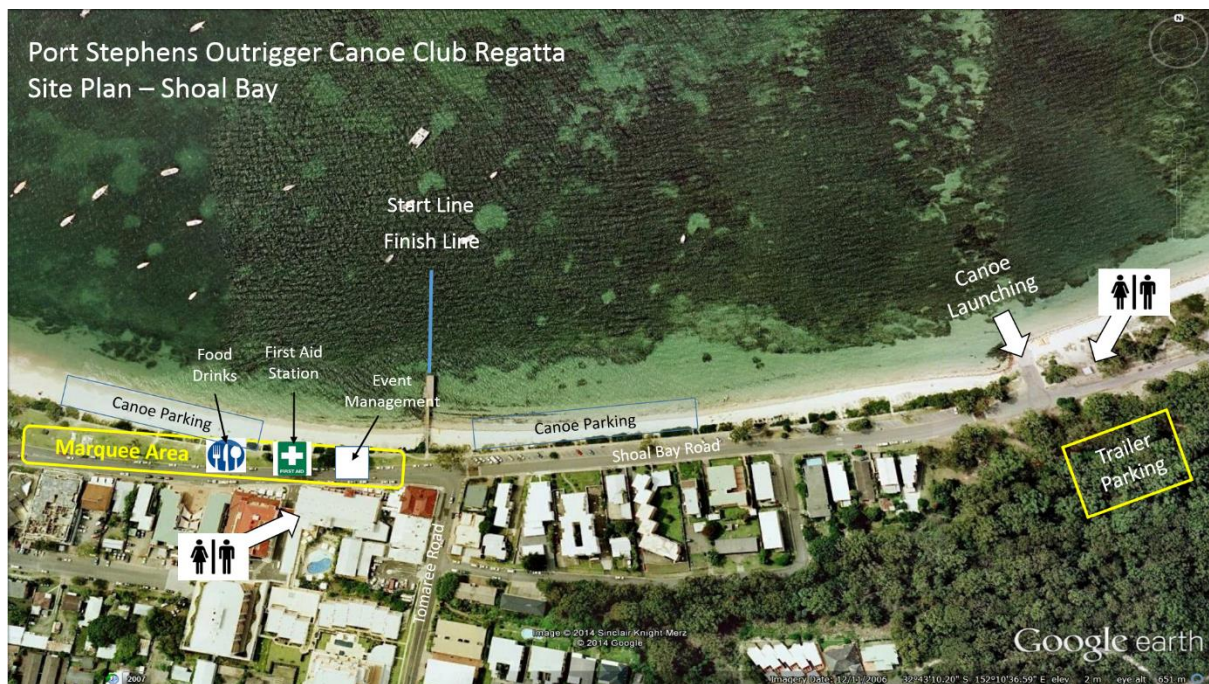
*Race Times and distances may be altered or changed at the Race Directors discretion.*

## Sunday 25<sup>th</sup> March 2018

Time (est)	Description		Distance
7:45am	Race briefing	Ultra-short Course and Juniors OC1 & OC2 and V1's	4km
8:00am	Race Start		
8:45am	Race Briefing	OC1 & OC2 & V1's Short Course Race	12 km
9:00am	Race Start		
10:45am	Race Briefing	OC1 & OC2 & V1's Long Course Race	16.5 km
11:00am	Race Start		
1:15pm		Completion of races	

*Race Times and distances may be altered or changed at the Race Directors discretion.*

## Event Site Plan



## Blessing and Welcome

Local Worimi Elder Neville Lilly and Port Stephens Council Representative will conduct the Blessing and welcome, at 9am on Saturday.

## Briefings

Briefings will be held next to the Event Management Tent, 15 minutes before each race. All steerer's and at least one other crew member should attend the briefing.

## Race Information

State Title Races - There must be a minimum of three (3) canoes to make a division as per AOCRA rules.

## Courses

Full Details available on race day. Courses will be subject to conditions on the day and maybe changed by the Race Director if outside conditions are not suitable.

## Ultra-Short Course

To encourage more novice crews to enter regattas, an Ultra Short Course is added to this year's program. This will be a 4km race, open to anyone and will start their races with the novice crews, to make it a more exciting race experience for paddlers and spectators alike. It will give more of a real race feel to the novice paddler and offer encouragement for them to ultimately move on to short course racing as they gain confidence in a race environment. A novice paddler can progress on to short course and come back to ultra-short course, but once they race in a long course, they then immediately lose their classification as novice, and as such will not be able to compete in ultra-short courses again.

Paddlers entering in an Ultra-Short race would ideally cater more for the less confident paddler, who isn't a novice and would prefer to race the shorter distance or doesn't want to race in a longer open water event and possibly gain confidence in a race situation. Any paddler who enters an ultra-short

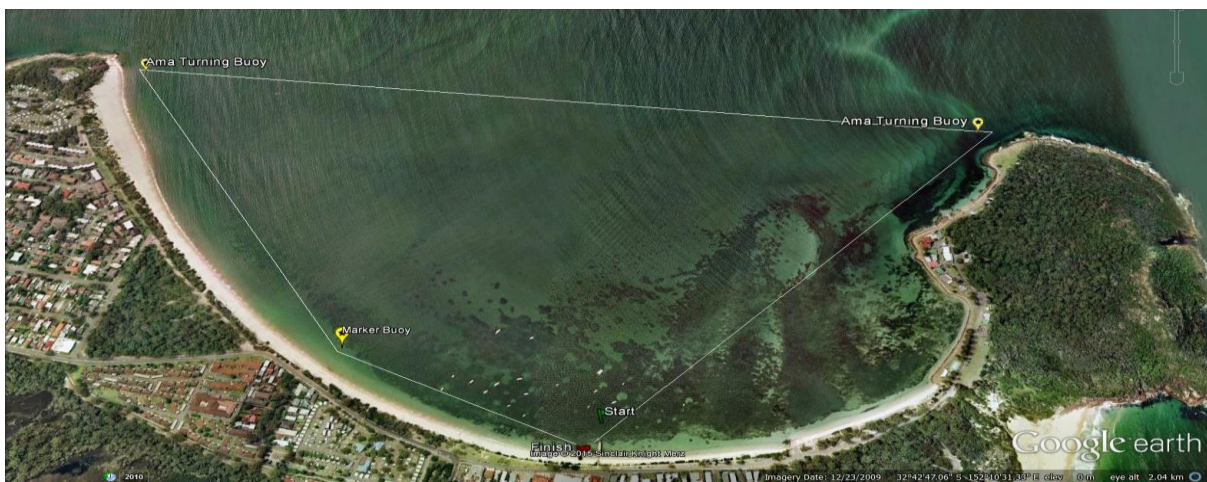
course race can progress up to a short course and long course and is able to come back to the ultra-short.

The above races will feature the following 3 categories only

- .MEN
- .WOMEN
- .MIXED

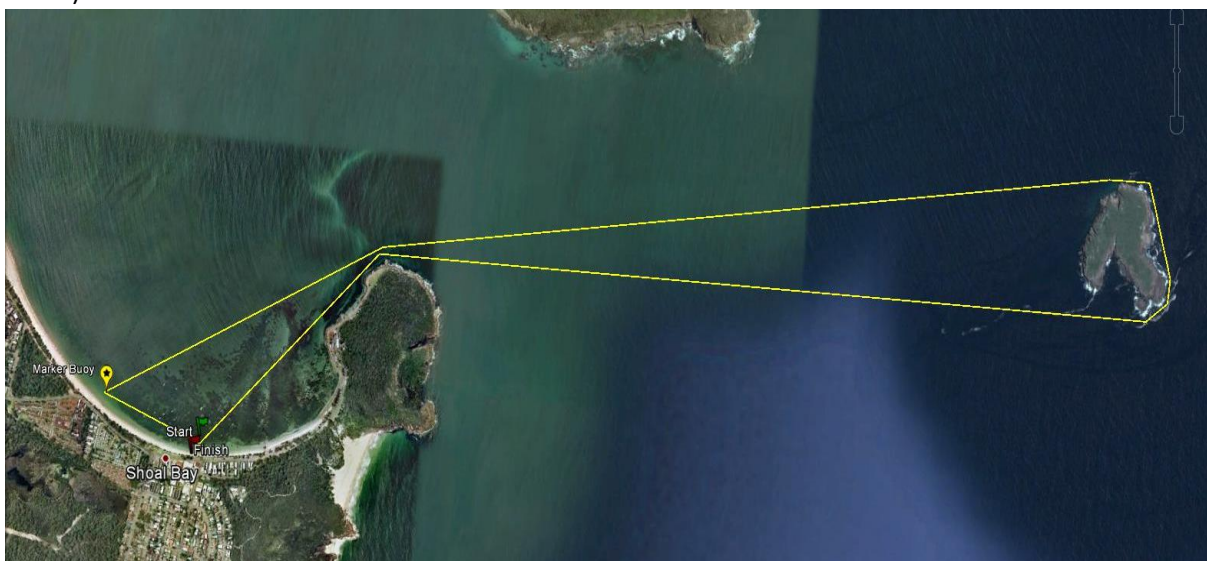
## OC6, OC1, OC2 & V1 Novice/Junior/Ultra Short Race

Start at Shoal Bay wharf; proceed northeast to buoy at Tomaree Headland; ama turn at the buoy and proceed west to Nelson Head; continue west to buoy off Nelson Bay beach; ama turn at the buoy and return northeast around Nelson Head; proceed east passing the marker buoy off middle of Shoal Bay Beach on the right hand side (ama side of outrigger) then proceed to finish line at Shoal Bay wharf (Approx. 4 km).



## OC6, OC1, OC2 and V1 Short Course

Start Off Shoal Bay wharf; proceed east through Heads to Boondelbah Island; ama turn around Boondelbah Island; return west around Tomaree Head to turning buoy off middle of Shoal Bay Beach, ama turn at buoy and proceed to finish line at Shoal Bay Wharf (Approx 12km).



## OC6 Women's and Mixed, OC1, OC2 and V1 Long Course

Circular Course: Start at Shoal Bay Wharf; Proceed east through Heads to Boondelbah Island; ama turn around Boondelbah Island and proceed north to Cabbage Tree Island; ama turn around Cabbage Tree Island and proceed west past Yacaaba Heads; pass through the entrance and to the buoy set off the middle of Shoal Bay beach; ama turn at the buoy and proceed to finish line at Shoal Bay wharf (Approx 16.5km).



## OC6 Men's Long Course

Circular Course: Start at Shoal Bay wharf; proceed East through Heads to Boondelbah Island; pass Boondelbah Island on the right hand side (ama side of outrigger) and continue east to Little Island; ama turn around Little Island and proceed northeast to Cabbage Tree Island; ama turn around Cabbage Tree Island and proceed west past Yacaaba Heads; pass through the entrance and to the buoy set off the middle of Shoal Bay beach; ama turn at the buoy and proceed to finish line at Shoal Bay wharf (Approx 18km).



## Race Fees

### OC6 Juniors

\$90/Team (\$15/Paddler)

### OC6 Seniors

- Novice/Ultra Short Course - \$120/Team (\$20/Paddler)
- Short Course - \$180/Team (\$30/Paddler)
- Long Course - \$240/Team (\$40/Paddler)

### OC1

- Ultra-Short Course and Juniors - \$15/paddler
- Short Course - \$20/Paddler
- Long Course - \$30/Paddler

### OC2

- Ultra-Short Course and Juniors - \$30/Crew (\$15/paddler)
- Short Course - \$40/Crew (\$20/Paddler)
- Long Course - \$60/Crew (\$30/Paddler)

Race Fees to be paid by direct debit or credit card online at the AOCRA website: [www.aocra.com.au](http://www.aocra.com.au)

A late entry fee of \$50/OC6 team, \$20/OC1, OC2, and V1's to apply for registration submitted after 6pm on Friday 23<sup>rd</sup> March 2017

## Club/Team Nominations

Please have your nominations and registration completed on [www.aocra.com.au](http://www.aocra.com.au) web site by the following dates:

### **16th March 2018 - Lodgement of Club Nomination**

### **20th March 2018 - Crew registrations**

Canoe numbers are required to be included in registration of crews. This is done by adding the canoe number at the top right-hand side of the registration screen when registering for the race on the AOCRA website.

## Safety

All Canoes will be scrutinised and must have the following:

### OC6 canoes

1. 6 approved PFD's
2. Storm Covers
3. 2 Bailers
4. 25m Tow Rope
5. Spare Paddle
6. GPS will be assigned
7. Don't forget to sign in before race and sign out when finished at designated registration tent.

## OC1, OC2 & V1 Canoes

1. Paddlers to wear approved PFD
2. Spare paddle attached to craft
3. Either phone or flare to be carried by paddler
4. Leg rope must be worn. (one on OC2)
5. GPS will be assigned.
6. Don't forget to sign in before race and sign out when finished at designated registration tent.

Safety inspections will be carried out on all canoes by PSOCC Safety Officer. If a canoe fails to meet AOCRA safety guidelines, the canoe will be ineligible to take part in the event.

## Catering / Amenities

A variety of fresh food and drink will be available on site. There are public Toilets located at the Shoal Bay boat ramp, alternative toilets are located at Shoal Bay Country Club Resort.

## Weather Conditions

In the instance of bad weather, courses will be modified to stay inside Port Stephens.

## Parking

Trailer parking is available opposite the Shoal Bay Boat Ramp situated towards the eastern end of Shoal Bay beach.

Ample street parking is available for all other vehicles

## Unloading/Loading

Canoes to be unloaded and loaded from the Shoal Bay boat ramp situated towards the eastern end of Shoal Bay beach.

## Age Divisions

**Junior Competitors** must turn at least 10 years of age in the racing year. Junior Competitors will not have reached the age of 20 years during the racing Year.

## Novice Competitors

Crews must have 4 "novice" paddlers (paddlers who are in their first or 2nd year of registration, with 2 years being the maximum), and 2 experienced paddlers.

## Age Divisions for All Competitors

The following age divisions shall apply to OC6 event, based on calendar year of competition. There are no combined age categories at this event.

	Adult Age Division	Women's Age	Men's Age
i.	21 and Under	20 to 21 inclusive	
ii.	Open	Adult age i.e. 20 years and above	
iii.	Masters	40 years and above	
iv.	Senior Masters	50 years and above	
v.	Golden Masters	60 years and above	

vi.	Platinum Masters	70 years and above
vii.	Juniors eligibility to compete in adult events	a) 19U division may compete in adult divisions (21U and Open) without the need for parental or coach consent. b) Must be aged 14 years and above and have: Written parental / guardian permission Written approval of qualified outrigger specific coach

### Conditions of Eligibility

1. The current revision of the AOCRA Regatta and Training Rules, as posted on AOCRA website [www.aocra.com.au](http://www.aocra.com.au) shall apply to all New South Wales regatta races.
  - a. OC6 Categories must have a minimum of three (3) entrants to qualify as a class and to be awarded medals
  - b. If an OC6 category has insufficient numbers to make a full category (3 or more) the team may be entered in the next category below. This excludes Open category.
2. Only a competitor who is a financial member of a club affiliated with AOCRA Inc. and is a current registered competitor with AOCRA Inc. is eligible to nominate and compete in any event.
3. A competitor may only compete in an event for one club of which they are a current and financial member. However, composite teams from different clubs can be entered in the situation that a club is short a paddler/s and would be unable to race otherwise. This rule is not intended to put in an elite crew and leave paddlers from your own club on the shore. It is a case by case submission, which must be granted by AOCRA NSW Zone, prior to the regatta if possible. If you turn up to a race without prior informing Zone, you may be disqualified. It is suggested the paddler from the other club wear their own club shirt, so they are clearly identified by other teams that this is a mixed club team. Any points will be awarded to the club paying the race fee or if both clubs pay, equal points will be awarded.
4. AOCRA Inc., the Race Director, or the Race Committee reserves the right to request proof of identity or age (i.e. identification card with photograph) of a competitor at any time.
5. For Mixed Crew events, a minimum of 3 women paddlers must be in the crew to constitute a mixed team.
6. All OC6 crews must start the race with 6 paddlers and finish with 6 paddlers.
7. The Race Committee reserves the right to arbitrate in any dispute regarding eligibility and registration of competitors.

### Presentations/Party

Saturday Night – State Title awards and raffles draws will be at 6:30pm sharp in the **Promenade Room** at the Shoal Bay Country Club. There will be bar facilities in the room. Presentation is expected to be completed by 7:30pm

After the presentation, meals can be ordered in the adjacent “Mermaid” and “Kitchen” restaurants in the Shoal Bay Country Club.

We then Party on, to the Shoal Bay Country Clubs band in the public courtyard and bar areas.



This year's Theme will be a **"P" Party** so get your creative juices flowing for a fun night!! - Prisoner, Pirate, Paddler, ..... whatever??

**A "P" of your choosing!!**

Sunday Presentations: OC1 & OC2 Races (approx.) 20 minutes after the last event on the foreshore in front of HQ Tents.

[Race Directors/Queries and Contact](#)

All queries should be directed to:

Race Organiser/Director – PSOCC Committee President -Tony Compton 0412 617 410

Assistant Race Director – Dean McGuinness 0412 725 058

**Event Sponsors:**

Please support our sponsors as they support us.



Thankyou from all PSOCC Members